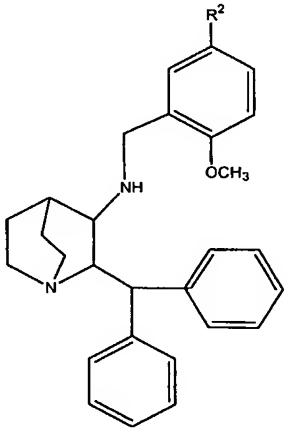
CLAIMS

1. A method of improving anesthesia recovery comprising the step of administering to an animal in need of such treatment a therapeutically effective amount of a pharmaceutical composition of a NK-1 receptor antagonist; a pharmaceutically acceptable salt thereof, a prodrug of said compound or said salt, or a solvate or hydrate of said compound, said salt or said prodrug.

2. The use of a NK-1 receptor antagonist; a pharmaceutically acceptable salt thereof, a prodrug of said compound or said salt, or a solvate or hydrate of said compound, said salt or said prodrug, in the manufacture of a medicament for improving anesthesia.

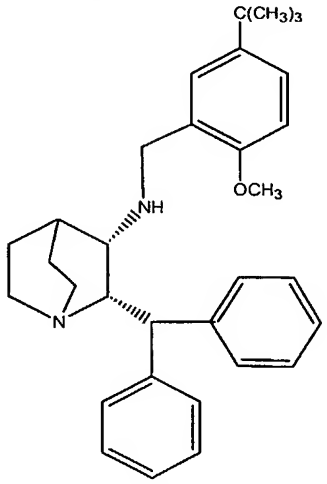
3. A method or use according to Claim 1 or Claim 2 wherein the NK-1 receptor antagonist is a compound of Formula I



I

wherein R^2 is selected from the group consisting of methyl, ethyl, isopropyl, *sec*-butyl and *tert*-butyl, or a pharmaceutically acceptable salt thereof.

4. A method or use according to Claim 3 wherein the compound of Formula I is a compound of Formula Ia,



Ia

(2*S*,3*S*)-2-benzhydryl-*N*-(5-*tert*-butyl-2-methoxybenzyl)quinuclidin-3-amine, or a pharmaceutically acceptable salt thereof.

5. The method or use according to Claim 4 wherein the compound is the citrate salt of the compound of Formula Ia.

6. The method or use according to any previous claim wherein the composition is parenterally, enterally or orally administered prior, during or after an administration of a general anesthesia.

7. The method or use according to Claim 6 wherein the composition is administered parenterally.

8. The method or use according to Claim 7 wherein the composition further comprises a pharmaceutically acceptable cyclodextrin.

9. The method or use according to Claim 7 or Claim 8 wherein the amount of the NK-1 antagonist is 0.01 mg/kg to 100 mg/kg of a patient's body weight.

10. A pharmaceutical composition for improving anesthesia recovery comprising a NK-1 receptor antagonist; a pharmaceutically acceptable salt thereof, a prodrug of said compound or said salt, or a solvate or hydrate of said compound, said salt or said prodrug.